

being one of a postmenopausal female and a postmenopausal female with ovaries removed, being a male over 40 years of age, being a female over 45 years of age, having a BMI that indicates the user is overweight or obese, being a smoker, having diabetes mellitus, having elevated lipid levels, having known CAD, having known peripheral vascular disease, not exercising, having hypertension, having feelings of stress and anxiety, having left ventricular hypertrophy, not taking anti-oxidant vitamins, having high homocysteine levels, not getting the RDA of folate, vitamin B6 or vitamin B12, having a high lipoprotein level, having a low alcohol intake, having a positive family history of coronary disease, and not taking one aspirin per day.

53. The system according to claim 37, wherein:
the risk factor modification information includes information about how to change the positive risk factors to negative risk factors.
54. The system according to claim 37, wherein:
the step of tracking includes advising the user when there has been one of a change and no change in a risk factor.
55. An interactive computerized system for determining the risk an individual developing a disease and the consequences of developing the disease, the system comprising:
a processor executing a program performing the steps of:
receiving questions pertaining to risk factors for the disease;
transmitting responses to the questions from the user;
receiving substantially contemporaneous feedback to the responses, if the individual does

not have the disease, the risk of the individual developing the disease being determined using at least one of the responses and practice guidelines for the disease, if the individual does have the disease, associated consequences of the disease being determined using at least one of the responses and the practice guidelines for the disease;

receiving a summary of positive risk factors and risk modification information to the individual via the processor;

tracking changes in the responses and the positive risk factors for the individual over time.

56. The system according to claim 55, wherein:
the disease includes coronary artery disease.
57. The system according to claim 55, wherein:
the questions include questions about at least one of physical characteristics, lifestyle, and medical history.
58. The system according to claim 57, wherein:
the physical characteristics include age, gender, race, height and weight.
59. The system according to claim 57, wherein:
the lifestyle questions include questions about at least one of smoking habits, drinking habits, vitamin intake, and stress.
60. The system according to claim 57, wherein:
the medical history questions include questions about at least one of blood pressure, diabetes, menopause, ovary removal, hormone replacement, CAD, heart attack, coronary artery bypass surgery, angioplasty, peripheral vascular disease, left ventricular hypertrophy, family history, lipid profile, stress tests, and

angiograms.

61. The system according to claim 55, wherein the program further performs the step of:
determining the risk factors for the disease using the practice guidelines.
62. The system according to claim 55, wherein:
the processor operates in one of a LAN environment, WAN environment, the WWW and the Internet.
63. The system according to claim 55, wherein:
the step of transmitting the responses includes storing the responses in memory.
64. The system according to claim 63, wherein:
the memory includes at least one database.
65. The system according to claim 55, wherein:
the contemporaneous feedback includes at least one of general information about at least one risk factor, and whether the risk factor is positive for the individual.
66. The system according to claim 55, wherein:
the practice guidelines include practice guidelines published by at least one of the American College of Cardiology and American Heart Association, U.S. Department of Health and Human Services Agency for Healthcare Policy and Research, and the National Heart Lung and Blood Institute.
67. The system according to claim 55, wherein:
the associated consequences include at least one invasive intervention and noninvasive intervention.
68. The system according to claim 67, wherein: